

## **PAULING THERAPY Synopsis:**

The Reader's Digest Version

"It is an established fact... There is a simple, inexpensive, cure and preventive for heart disease and other circulatory diseases, and a path to faster recovery for stroke victims. To understand why this simple regimen works requires understanding why cardiovascular occurs."

~Jon Cambell.

[Read Jon's entire overview at [cqs.com](http://www.cqs.com)]

<<http://www.cqs.com/cvd.htm>>

Linus Pauling invented a putative cure for **Heart Disease** in 1991 which was announced 1993-1994.

[Overview] <<http://www.internetwks.com/pauling/overview.html>>

Pauling's claim that specific orthomolecular or non-toxic food substances, called Lp\*(a) binding inhibitors\*, taken orally will prevent, resolve, and even dissolve existing atherosclerotic plaque build-ups is based on scientific research that began in the late 1930s in Canada. Three United States of America Patents have now been granted on the Pauling/Rath method.

Pauling's announcement was made after experiments with guinea pigs, who like humans cannot make their own vitamin C, proved cardiovascular disease can be caused by inadequate vitamin C in our diet.

The two primary "Lp(a) binding inhibitor" are the amino acids \*lysine\* and \*proline\*. Vitamin C is needed to heal and activate lysine and proline.

The therapeutic dosage is 5-6 g each of vitamin C and lysine. Some people require even more vitamin C (See BOWEL TOLERANCE at [orthomed.com](http://www.orthomed.com) <<http://www.orthomed.com/>>). Smaller dosages will have less effect. Pauling recommended 3 g each of vitamin C and lysine daily as a preventive measure.

Reports since 1991 indicate that the Pauling Therapy works as a cure by itself, but in theory, Pauling's protocol makes an ideal oral adjunct to EDTA Chelation therapy and other more conventional therapies for all forms of cardiovascular disease, except intra-arterial radiation.

Early Canadian scientists recognized that plaques are uniform. Usually near the heart where the blood vessels are stretched and bent, implicating high blood pressures and the mechanical stress caused by the heartbeat. These peer reviewed findings were ignored.

The 1985 Brown-Goldstein Nobel prize in Medicine led to the subsequent discovery of the Lysine Binding sites on the Lipoprotein(a) cholesterol molecule. We know now that atherosclerotic plaques deposit in response to injury and that plaque is part of a healing process.

It is unlikely that the primary cause of the lesions leading to heart disease are "poisons" circulating in the blood. We know that plaque does not form randomly. Heart bypass operations replace only a few inches of blood vessel near the heart (coronary arteries). In a heart bypass, leg veins are used which are without plaque. Early scientists felt that the reason for the localized lesions is mechanical stress, the heartbeat, not cholesterol or other "poisons in the blood.

Mainstream medical science has known since 1989 that Lp(a) (not LDL cholesterol) binds to form atherosclerotic plaques. Pauling and Rath have identified Lp(a) as an evolutionary surrogate for low vitamin C in humans.

Modern medicine has been misguided about vitamin C since the 1940s. Pauling in 1970 informed us that vitamin C in sufficient amounts can alleviate colds. Medical "science" disagrees. Ordinary people who experience substantial relief for themselves lost faith and trust in Medical "science" leading to the alternative medicine movement.

It is a fact that vitamin C is required, and used up, as the body makes the super protein collagen. Adequate collagen is required for the health of blood vessels. According to the Pauling/Rath Unified Theory, the root cause of atherosclerotic plaque deposits is a vitamin C deficiency: chronic, not acute. The correct terminology for cardiovascular (heart) disease is "chronic scurvy" or "sub clinical scurvy".

Heart disease is unknown in most animal species. Pauling and Rath think humans are less resistant than other animals to arterial damage from mechanical stress (caused by the heartbeat) because they become deficient in a specific protein caused by a specific vitamin deficiency. A vitamin C deficiency is impossible in most animals!

The Pauling mega-nutrient therapy to counter Lp(a) increases blood concentrations of important substances that will:

- \* Strengthen and heal blood vessels,
- \* Lower Lp(a) blood levels and keep Lp(a) levels low, and
- \* Inhibit the binding of Lp(a) molecules to the walls of blood vessels.

Vitamin C is required for healing the lesion, primarily through the collagen pathway. Lysine and proline work to unbind Lp(a) from the arterial wall. Unlike ordinary drugs, there are no health risks. These substances are required for life.

The Pauling Therapy is so safe, and the medical condition so grave, there is no reason why any physician should resist it, especially in otherwise hopeless cases. By "cured" we mean that as first described on the LINUS PAULING VIDEO ON HEART DISEASE: A UNIFIED THEORY

<http://www.internetwks.com/pauling/video.html>

End-stage CVD patients report the complete cessation of their angina pain, color returns, blood pressure drops, blood flow increases, blockages disappear, heart rates drop, lipid profiles normalize, energy increases as does the sense of well-being. Patients who had failed now pass treadmill stress tests without surgery or any other medical intervention. Patients barely able to walk before the Pauling therapy report that within months they can dig fence post holes and cut down trees. Over time, elevated Lp(a) lowers. Some doctors have even told such patients that new blood vessels have "grown" as an explanation for the increased blood flow to the coronary arteries feeding the heart. Linus Pauling's 1992 video describes these findings.

**\*\*CONGRATULATIONS: YOU NOW KNOW MORE ABOUT THE CAUSE AND HOW TO TREAT HEART DISEASE THAN THE AVERAGE CARDIOLOGIST IN THE UNITED STATES OF AMERICA.\*\***

Most cardiologist tell their patients that there is no "proven" value in taking vitamin C for heart disease. Technically, this statement may be accurate, but it is misleading. The

implication is that experiments have been run that prove vitamin C has no value. No such experiments have ever been run. On the contrary, all the research and experiments we know of provide compelling evidence that vitamin C does, in fact, have great value.

Heart by-pass operations and angioplasty were never clinically "proven" before being adopted by the medical profession. The medical profession refuses to acknowledge the Pauling/Rath discovery and the drug companies don't want it publicized, because it challenges the huge investment in the conventional treatment of cardiovascular diseases - heart disease, stroke, diabetes, and numerous other circulatory diseases. Regrettably, not a single study has been conducted to investigate the high-dose Pauling protocol. Instead, all this is dismissed /a priori/ as "quackery.

This discovery puts a dagger through the heart of the pharmaceutical industry and Medicine's oft made claim to be based on "science." Every pharmaceutical employee and investor, cardiologist and heart surgeon have a vested interest in their part of the \$326 billion spent annually on heart disease. Should the Pauling discovery become widely known, there will be a revolution in medicine. Cardiology and heart surgery will not survive in their present form.

We are not doctors. In 1995, when we reported what Pauling had said and written, we did not know if Pauling was correct. We now know Pauling nailed it.

Intelisoft Multimedia is now willing wager against others who might think otherwise. Amount negotiable. Winner takes all. Should any person or entity wish to accept this challenge and pit any competing therapy, treatment or protocol against Pauling's, in a clinical trial setting with end-stage cardiovascular patients, contact us:

<mailto:paulingchallenge@paulingtherapy.com>

Terms negotiable. There are only two up-front stipulations:

1. The competing protocol may not include vitamin C (above the RDA), lysine or proline (or synthetic analogs), and

2. The subjects in the Pauling Therapy group must not have been treated with any intra-arterial radiation therapy to stem restenosis.

We will fund the Pauling protocol subjects. Antagonist fund the patients on their protocol.

Our Prediction: Over 90% of the patients (n greater than 30) on the high dose Pauling vitamin C/lysine protocol will be "cured" within 30 days as measured by: lowered Arterial Stiffness (ASI measured using FDA approved Cardiovision), reductions in Chest pain, increased mobility, improved sense of wellbeing, etc.

Pauling Therapy FORMULA we will use for our study group:

<<http://www.hearttechnology.com/heartech.html>>

-----